



# F.A.Q

## What is the vision of this app?

This app aims to create more integrated and happy society.

## What is the purpose of this mobile application?

## Where can I take online service?

## How does the matching process work?

## Can I choose a therapist based on my preferences?

## Is the therapy conducted in person or online?

## How does your mobile application work?

## How do I book a therapy session through your mobile application?

## What types of therapy are available through your mobile application?

## How do you ensure the quality of your therapists?

## What languages are supported in the app?

## Is my personal information secure on your mobile application?

## Can I access therapy sessions outside of the Netherlands?

**What if I have technical issues with the app?**

**What is psychological counseling, and how can it benefit expats?**

**Are therapy sessions for expats confidential?**

**Can expats switch therapists if they don't feel comfortable with the current one?**

**Is online therapy effective for expats, particularly when they're far from home?**

**How can expats address cultural adjustment issues through therapy?**

**What's the average duration of therapy for expats?**

**Are there therapy options specifically designed for expat communities?**

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